



GYMPIE CENTRAL STATE SCHOOL

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Principal: Sandra Van Wyk



THURSDAY'S TIDINGS

11 June 2009

Turning young children into lifelong learners...

Dear Parents/Caregivers,

Eleven days to go and we are already at the end of Term 2. Half way through the year ALREADY!!!

Of concern in the past week or two has been the over exuberance of the older boys. Sports time is a very exciting time particularly for them!!! Please support us by reinforcing with them the correct code of behaviour when we are all outside trying to organise them effectively in sport. Thank you for your support with this.

Please note my apologies for not being at school on June 15th for the School Cross Country Fun Run. I will be in Adelaide on June 15th & 16th for a conference.

Have you booked June 19th on your calendar to come and join us for Sports Day? Your involvement is most welcome and appreciated!!!

The students have been practicing in order to show their best efforts on the day. I am looking forward to seeing you there.

**Central SS Sports Day
(ALL Students)
Friday, 19 June**



**Junior Sports Day
(Years Prep-3)**



Tuesday, 16 June (morning only)

**Mark it on your calendar!
Everyone Welcome!!**

USE OF MOBILE PHONES

Across the past months I have been asked to involve myself in text message issues that occur either at night or over the weekends. While I am very keen to consistently support students and their families - this is a tough call.

If I could make some suggestions:

1. If you choose to provide your child with a phone it should be prepaid so you can control the amount of money spent and therefore the texting quality.
2. Expect some accountability for use eg only to let you know when soccer practice is over so you know when to pick them up? For example students interact from the moment they arrive at school till they leave at 3.00pm. Do they need to have a phone to text? Of course it's up to you. Just set rules for use and then follow-up, follow-up, follow-up.

Set up rules too for your computers eg when it can be used, for what purpose - that you can check what's been written and who they have been talking to. Set up boundaries that you are happy with and then once again follow-up, follow-up, follow-up.

There is nothing wrong with making children accountable for what they do. It's a great lifelong lesson to learn.

INDIGENOUS ARTIST COMING SOON

Please mark this date on your calendar - Monday 7 September at 9.00am. Lewis Parter was born in Bowen in Queensland. His heritage is of the Central Queensland's Daranbal people whose language is Birri Gubba.

During a 12 month education traineeship in Language and Literacy, he found his true vocation in presenting his culture to young people from kindergartens to universities.

UPCOMING EVENTS—TERM 2	
Friday, June 12	Interschool Sport (5M, 6G, 6/7L, 7W)
Monday, June 15	Cross Country Fun Run
Tuesday, June 16	Junior Sports Day
Friday, June 19	Central Sports Day - All Day

Lewis is a fine musician and song writer whose compositions include titles such as:

- Saltwater Dreaming
- Walking Together
- Wadda Mullie
- Kookaburra Ballad
- Reflect and Seeing Things With Our Eyes Closed.

The performance includes boomerang throwing, knowledge about didgeridoos and playing them, fun dances, demonstrations of solo guitar and more. Adults are welcome to attend and enjoy with us. Cost for students is \$3.50.

REPORT CARDS will be sent home on Monday of Week 10. Please note, as per usual you can access a parent/teacher interview as a consequence of this report.

AFTER SCHOOL ROUTINE - Please discuss after school arrangements with your child/ren before school each morning so that it is CLEAR what they are expected to do (e.g. being collected by whom, catching the bus, etc). Students walking home are to leave the school at 3.00pm. It is expected that all children will have left the school by the departure of the last bus at approximately 3.20pm (except for special circumstances). If for any reason, you will be late collecting your child/ren, please advise the office as soon as possible. Some children hang around and play and this has caused unnecessary upset for parents. Thank you for your support.

THE NEW WAVE FOR OUR KIDS - Most Year 12 students were born a year after the world wide web debuted. Year 6 kids are as old as Google and if the iPod were in school it would be a third grader. It's no wonder the generation of our kids is dubbed 'digital natives'.

GONE MISSING - PLEASE RETURN

I was very sad to hear that some Aboriginal artefacts appear to have been removed from the school.

- ⇒ 1 didgeridoo
- ⇒ 1 round pointed spear
- ⇒ Some books

All these items have strong emotional value and significance to a staff member. If you can help us with their whereabouts, we would appreciate it. We are just looking for their return. Your support is appreciated!

CONTRIBUTIONS TO THE SCHOOL

The contributions notice in last weeks newsletter should have read, please note that a statement will be sent home soon with your oldest child regarding payments due for various school matters. Items on your statement may include art levies that were

requested on the booklist in January/February and interschool sports payments that remain unpaid.

Also included on your statement will be a \$50 P&C voluntary contribution as requested from each family to support P&C initiatives e.g. resources and other items to assist your child's school experiences. This payment is an opportunity for those families who cannot attend P&C meetings or attend school events to contribute. The contribution does remain voluntary.

Please ensure all money forwarded to school is contained in an envelope clearly stating the child's name, class, how much money is enclosed and what you are paying for. Envelopes are available from the office if required. Thank you for your assistance.

SOCIAL & EMOTIONAL LEARNING INITIATIVE

Last Thursday and Friday I was very pleased to have been able to attend this conference. Amongst the things learnt are:

- Familiarisation with important social and emotional skills that should be taught as part of the initiative.
- These practices exist in four areas:
 1. Leadership,
 2. Management,
 3. Classroom and
 4. School wide.
- The five keys to a successful life as indicated by this initiative are the inside characteristics of students of:
 1. Getting along,
 2. Organisation,
 3. Persistence,
 4. Confidence and
 5. Resilience.



When you look at each area, they hold specific ways of thinking. This means to be great at:

- A) Getting Along, we need to
 1. Have social responsibility
 2. Play by the rules
 3. Think first in our communication with others
 4. Be tolerant of others
- B) Organization, we need to
 1. Plan our time
 2. Set goals
- C) Persistence, we need to
 1. Work tough and keep going until we get what we want
 2. Consistently give effort
- D) Confidence, we need to
 1. Be independent; stand tall at all times
 2. Take risks because you know 'YOU CAN DO IT'
 3. Accept yourself as a good person that everyone doesn't have to love or want to be friends with all the time
 4. No matter what 'I CAN DO IT'

E) Resistance, we need to

1. Know it's not the end of the world. Whatever happens it's not the worst thing that can happen to you.
2. Accepting myself - thinking whatever happens, I am not hopeless. I have friends and do other things well. I am still me.
3. Taking risks - thinking I don't have to do things perfectly. It's good to try something new even if I might not be able to do it.
4. Being independent - thinking I don't need everyone to approve of me all the time. It's important to try new activities and to speak up even if my classmates think I am silly or stupid.
5. I CAN DO IT! - thinking I am more likely to be successful than I am to fail.
6. Working tough - I don't always need things to be fun and exciting.
7. Being tolerant - thinking I won't judge people by their actions or differences.

If you reread all that, you'll soon see it applies to us as adults too.

In my position, I value all of the 5 skills and agree we need to build them in ourselves as well as teach their development in our children.

For us:

Some things to do to strengthen resilience.

1. Use relaxation,
2. Find someone to talk with,
3. Find something fun to do,
4. Find a 'time-out' area to de-stress,
5. Exercise,
6. Have a good laugh and don't take myself so seriously,
7. Be assertive,
8. Problem solving to figure out how to make the problem go away and
9. Be aware of how upset I am and deciding to calm down.

See how you go and let me know how any of the above works for you and whether you've got any other ideas I can add to my list.

Regards, Sandra

LIBRARY NEWS

Student Websites

I have a number of student websites on display in the library, which includes educational games and activities. All students are welcome to visit the library in their breaks and try some of the sites or if you have internet access at home, why not have a look.

<http://www.mathsmovesu.com>

<http://www.readwritethink.org>

<http://www.scholastic.ca>

<http://www.exploratree.org.uk/>

MS Readathon

All of our Readathon participants are doing a terrific job and are regular visitors to the library – great work! It is not too late to sign up for the Readathon; this can be easily done online at www.msreadathon.org.au. There is a terrific interactive website which allows students to record their sponsors, what they have read and comment on their favourite books. If you are unable to sign up, why not encourage a friend by sponsoring them.

What we are reading

Some of the books we have been sharing in the library this week include "Grandpa and Thomas and the Green Umbrella" by Pamela Allen which was enjoyed by the Prep class. The Year 1 class has read two of the David McKee series "Elmer" and "Elmer and Wilbur". We even have an elephant parade on display in the Junior Fiction section. Year Four are just finishing "Nim's Island" by Wendy Orr and are looking forward to watching the movie version and seeing how it compares. Year 5 are getting into the 'Extreme Adventure' of Justin D'Ath's book "Crocodile Attack".

Happy reading from your Librarian - Emma Green

PIE DRIVE FUNDRAISER

Our school is having a Pie Drive. The pies are from Panini's Bakery. Please find attached an order form which will need to be returned to the school office by Wednesday 24 June. Pies will not be available for collection until the first week of next term, Thursday 16 July.

DID YOU KNOW?

Whether you are a child or an adult you will have better health if physical activity is a regular part of your life. Activity keeps your body strong, helps you stay healthy and makes you feel good. Physical activity is good for your heart and blood pressure, controls weight, prevents and controls diabetes and relieves stress.

OPERATION SPECS & TEXT

A collection of pre-loved children's books and spectacles that are now unneeded is what is requested by The Rotary Club of Gympie Cooloola Inc.

Spectacles go out of fashion as the prescription changes and are no longer needed. The purpose of collecting these things is so they can be redistributed to the towns and villages in Papua New Guinea.

These special books that won't be read and enjoyed again will undoubtedly provide learning opportunities to children in Papua New Guinea.

Collection time is 15 June - 17 July. As of 15 June, please feel free to bring in your donations.



TUCKSHOP TALK



Hello Everyone,

Only one week till Sports Day. As always we will be having our cake stall at the oval and we ask families to donate cakes, slices, piklets etc. These can be taken direct to the oval or left at Tuckshop.

Junior Sport Day next Tuesday—there will be tea/coffee/biscuits for sale at the oval for the parents.

Please find attached the Roster for Term 3. I find it hard to believe that Term 2 and half the year is almost finished.

Bye 'til next week...

Lesley



ROSTER

FRIDAY, 5 June

Stephanie Butler
Vicki Hutley

GROCERIES

Vaine Areora
Lynette Schofield
Sharon Collins

MONDAY, 8 June

QUEEN'S BIRTHDAY HOLIDAY

WEDNESDAY, 10 June

Tracy Phelan

GROCERIES

Therese Coyne
Lee Tompkins

FRIDAY, 12 June

Vicki Hutley
Stephanie Butler

GROCERIES

Michelle Brook
Cheryl Glover

Grocery Ideas

JATz
Mayonnaise
Breakfast Muffins
Tomatoes / Carrots
Large Garbage Bags
Alfoil

SPE-
CIALS
Monday ONLY
 Sausage Slice \$1.00

Wednesday ONLY
NACHOS
 - Small \$1.00



SPE
CIALS
TOMORROW

 Hot Dog with Cheese - \$2.00
 Ice Cream & Jelly - 50c
 Ice Cream Cone - 50c

